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Sneak Peek



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Learning to Unlearn and Relearn



Blog by Ms Raksha Lapshya
Headmistress



Learn

Unlearn

Relearn

While we are writing about an interesting concept that has had a greater impact on the progress of human-kind, we would like to start with a statement which has been used several times- 'the only thing constant in life is change'. Of course, it has been used a million times, it still is an apt beginning to what we are going to write about further in this blog.

What is learning?

Learning is often defined as a relatively lasting change in behavior that is the result of experience, and it is not only in terms of formal education that we are talking about learning. As we humans are life-long learners, the above definition of learning is applicable to all kinds and states of learning we have during our lifetime. Today, learning remains an important concept in numerous areas of psychology, including cognitive, educational, social, and developmental psychology. So, as we said in the beginning, learning is definitely a form of change.

So, if we go through the above definition of learning, the stress is laid on the term 'relatively'. This means that there is scope of it being a change that may be still subject to further review in the behavior as a result of some intervention or construction of some new meaning. This process is cyclic and there is constant reflection on the part of the learner, thereby, leading to new learnings.

However, at times there is a pressing need to completely re-ideate the whole meaning which is a result of a particular learning. This is known as 'unlearning'. How, then, is this 'unlearning' relevant? Let's go back to the early humans who have been constantly discovering new ways of survival. Their life was a constant 'trial and error'. And the life we humans are living today is due to this continuous cycle of learning and unlearning as per the need of the time.

As we unlearn a certain behaviour the new process of learning starts that is termed as 'relearn'. 'Relearning' in simple words can be described as learning something again. While this definition is correct in literary terms, it has a deeper meaning connected to the concept of 'metacognition'. According to John Flavell the founding scholar of the study of Metacognition, it is 'Being aware of self' as well as 'Thinking about our own thinking'. Thus, metacognition plays an important role in the process of relearning, as we are aware of our own self and of our own thinking, we reflect on what and how much do we need to relearn a particular skill or behaviour.

Is it really important to 'Unlearn' and 'Relearn'?

Well, if we put it in the words of Alvin Toffler "The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn". This is so relevant in 2021 even if it was written in 1970. In today's world where knowledge is so dynamic and constantly changing, one needs to keep pace with the time and upgrade his/her skills. We are living in a VUCA world and there is a requirement for us to constantly adapt ourselves with the changing situation. Thus, being able to 'unlearn' and 'relearn' will be the key to survival. We can even trace the need of 'unlearning' and 'relearning' Charles Darwin's theory of evolution. In other words, we can say that 'unlearning' and 'relearning' is a form of evolution and are required to be able to survive in the fast-changing world.

Is 'Unlearning' and 'Relearning' a natural human tendency?

Neuroplasticity, capacity of neurons and neural networks in the brain to change their connections and behaviour in response to new information, sensory stimulation, development, damage, or dysfunction. In simple words 'Neuroplasticity' is the human brain's capacity to 'unlearn' and 'relearn' as per the need.

To sum it up, we would again like to go back to the quote we started with. 'Change is the only constant in life' and thus humans continue to 'unlearn' and 'relearn' in order to evolve and survive in this ever-changing universe.

By: Ms. Raksha Lapashya
Headmistress Primary
MERU International School

Message from our Designers



My journey to follow my passion for design and technology.



Being a part of the Design and tech crew gives me an opportunity to continue working in a role where I can collaborate with segments across the school and be a part of student community, to continue to meet our school's vision and mission.

Design and technology is a practical and valuable subject. It enables our students to actively contribute to the creativity, culture, wealth and well-being of themselves, their community and their nation. It teaches our Meruvians to become more resourceful, innovative, enterprising and capable.

It's our sixth edition now. I have seen the progress made by the efforts of our design and tech crew (both teachers and students), it's highly promising and motivating.

It seems like just yesterday that we have started designing our first newsletter. A newsletter is a great way to keep the students, faculty, parents and guardians abreast of what's happening in school. The value of the newsletter, however, lies in its creation. It unleashes a wide spectrum of creative skills ranging from organizing to editing and even in designing. It needs to have a strong visual impact so that its receivers will want to read it. Secondly it needs to be planned, organized and put together well so that its content interests and engages its target audience. Finally sending it as a responsive email design because people use different devices to check most their emails. We have managed to achieve all these and with each new edition, our designs are getting more enterprising. It seems like there's no stopping this train. Of course, it's all thanks to our contributors and readers.

I extend my wishes to all the readers of this message and invite all the students to be an integral part of this vibrant and thrilling journey of endless opportunities! Stay safe!

By:
Shruti D (Member of Design and Tech newsletter team)

Wishes for all

By Nishat Hasan. (Member of Design and tech newsletter team)



Class, house meeting, remedial class, investiture ceremony, assessments, annual day, newsletter and even Parent teacher conferences... well this happens in every school in a normal year. But, this was MERU during the pandemic. No kidding!!

I would like to take this opportunity and thank every parent, child and teacher who made this transition to the new normal possible. However, today the school is alive we have our beloved children back and are looking forward to seeing the rest in the coming months. Every precaution to ensure the safety of the kids has been taken and it is lovely to hear the laughter echo in the corridors once again.

Now let's talk about the 8th of March, the day that mark the 'International Women's Day'. It is a day that celebrates the loving, nurturing and perseverant nature of women. I believe these are qualities that every individual will benefit from imbibing.

I would like to now end with 2 wishes. Firstly, 'Happy Women's Day' to all the women and their families.

Secondly, Best of luck to all the children facing the Annual assessment.. we know you will ROCK IT!!

Highlights of February



1K annual day
We were able to conduct the 1K annual day. Their cheerful performances made our day.



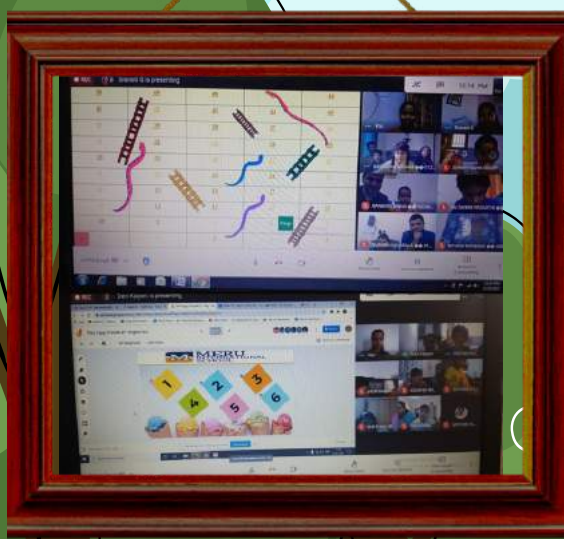
6r9 Welcome to school
We welcomed our beloved seniors back to school following all COVID precautions and sanitizing all classrooms.

Assembly

Open house

The assemblies with the Junior Council Members and School Administration Team gave us a 360 degree view of the working of the school.

An Open house event was held at our school for the general public to learn about our school and our programs.



SLC

The Student led conference was held to let the children showcase their learning, progress and confidence.

Literature Corner

The Write Path



SHOOTING STARS

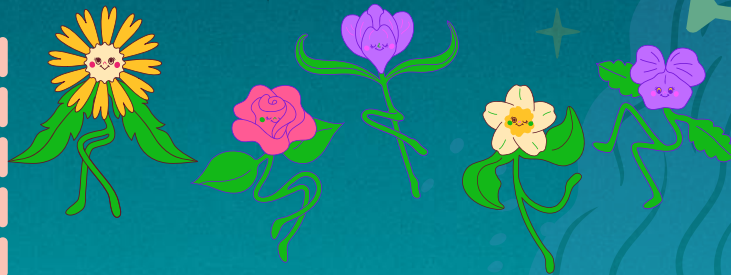
-APURV SINGH OF 5A

A "falling star" or a "shooting star" has nothing at all to do with a star! These amazing streaks of light you can sometimes see in the night sky are radiant and can be seen for a very short time. You would expect to see 2 to 16 meteors in a good dark site. These "shooting stars" can be spotted in daylight as well but getting a good look at them is really hard, so the best time to have a chance to look at these are in the night sky.

These shooting stars are nothing else but meteors. These meteors can sometimes be huge, but they are reduced into bits because of the earth's atmosphere. You can even catch one!

There are many myths that when we see a shooting star, we should make a wish about something which we really wanted! These wishes have made people lucky in achieving their goals and so the myth started.

If I had a chance to make a wish, it probably would be that I could have superpowers as I want to protect my country, make people happy and make the world a better place to live.



FREDERICK DOUGLASS

:-SRIHASA SARRAJU OF 6TH CAMBRIDGE



Frederick Augustus Washington Bailey (February 1818–February 1895) was an American social reformer, abolitionist, orator, writer, and a statesman. He is known for escaping slavery and becoming a leader in the abolitionist movement, which sought to end the practice of slavery, before and during the Civil War.

Douglass is of a mixed race which included native American, and African on the mother's side but in contrast European on his father's side. Douglass says that his mother Harriet Bailey originally gave him the name Frederick Augustus Washington Bailey, but after escaping from slavery, he and his wife adopted the name Douglass from a narrative poem by Sir Walter Scott, "The Lady of the Lake," at the suggestion of a friend.

Douglass was born into slavery on the Eastern Shore of the Chesapeake Bay in Talbot County, Maryland. Douglass also states that he doesn't know his exact age as there was no such authentic record containing it. Though the exact date of his birth is unknown, he later chose to celebrate February 14 as his birthday, remembering that his mother called him her 'Little Valentine.'

Douglass first tried to escape from Freeland, who had hired him from his owner, but was unsuccessful. In 1837, Douglass met and fell in love with Anna Murray, a free black woman in Baltimore about five years older to him. On September 3, 1838, Douglass successfully escaped by boarding a northbound train of the Philadelphia.

Douglass became a leader in the abolitionist movement. After that conflict and the Emancipation Proclamation of 1862, he continued to push for equality and human rights until his death in 1895.

An advocate for women's rights, and specifically the right of women to vote, Douglass' legacy as an author and leader lives on. His work served as an inspiration to the civil rights movement of the 1960s and beyond.



TELUGU ARTICLE

- MS. NAGALALITHA V



స్నేహం

తేనెకన్నా తీయనిది, మంచుకన్నా చల్లనిది, మల్లెకన్నా తెల్లనిది స్నేహం. ఈ స్నేహం అనే బంధం పేదరికం - ఐశ్వర్యం అనే హెచ్చు తగ్గుల స్థాయిలను చూడనిది. కుల - మత బేధం లేనిది, బంధుత్వం కన్నా గొప్పది. కన్నవారితో, కట్టుకున్న వారితో, తోడ బుట్టిన వారితో కూడా చెప్పుకోలేని విషయాలను మిత్రులతో చెప్పుకోవడం స్నేహంలో ఉన్న గొప్పదనం. కష్టసుఖాలలో వెన్నంటే అండగా ఉండి భుజం తట్టేవాడే స్నేహితుడు. స్నేహితులలో ఉన్న మంచిని స్వీకరించి, వారిలో ఉన్న చెడును తొలగించడమే స్నేహధర్మం. కన్నీళ్లు తెప్పించేవాడు కాదు.. తప్పించేవాడు స్నేహితుడు. అటువంటి స్నేహానికి వయసుతో పనిలేదు. చిన్నతనం నుండి వృద్ధాప్యం వరకు అందరిలో ఈ స్నేహభావం ఉంటుంది. కానీ ప్రస్తుత సమాజంలో ఈ స్నేహం మాటున జరిగే మోసాలు, దగాలు పెరిగిపోయాయి. అటువంటి దగా స్నేహాన్ని మనం వదిలి నిస్వార్థమైన స్నేహాన్ని ఎన్నుకోవాలి. డబ్బు- దర్పం కన్నా నిజమైన ఆస్తి స్నేహమే అని గుర్తుంచుకుని సుఖమయ జీవితాన్ని గడపాలి.

Spring

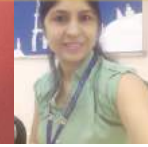


By Pranavi Ravipati
of 2G

Spring is the season which arrives after winter and before summer season. During spring season, days become bit longer and weather becomes pleasant. Spring season occurs from start of February till mid of April. During spring season, various flowers bloom and make the environment covered with greenery and beauty. The spring season is known as the most pleasant season.

सरस्वती पूजा का महत्व और वसंत पंचमी

- MS. HANSA



सरस्वती पूजा का महत्व और वसंत पंचमी

कहा जाता है कि माघ शुक्ल पंचमी के दिन ही सरस्वती माता प्रकट हुई थीं, इसलिए इस तिथि को हर वर्ष सरस्वती पूजा मनाई जाती है। इस दिन लोग अपने बच्चों की शिक्षा प्रारंभ कराते हैं, अक्षर ज्ञान कराते हैं। यह दिन संगीत, कला आदि के ज्ञान अर्जन का शुभारंभ करने के लिए भी उत्तम होता है।



खुशियों के स्वागत के रूप में भी मनाया जाता है।

जिंदगी के हर इम्तिहान में आप सफल रहे,

सभी पर माँ सरस्वती का आशीर्वाद रहे |

वसंत पंचमी की शुभकामनाएँ...

हंसा भंभानी

MON VOYAGE- MY TRIP

-MAHATHI THATIPALLY 4D



Aujourd'hui je vais vous raconter mon voyage de Genève à Hyderabad via Paris. On a commencé mon voyage avec le bus no.3 pour atteindre la gare à environ 8:00. Dans la gare on a pris 4 pains au chocolat, 4 croissants de beurre, une bouteille d'eau et une bouteille de jus d'orange pour mes petit-déjeuner. Après environ 9:00 on a pris un train TGV pour aller à Paris.

Le TGV est un train de vitesse. Ils ont mis 4 heures pour atteindre Paris. On est arrivé à Paris vers 13 heures 30. À Paris, on a mangé de la pizza végétarienne et des pâtes avec de la sauce tomate. On a pris le taxi pour visiter la tour Eiffel. Après notre visite on est allé à l'aéroport pour prendre l'avion de l'Inde. Dans l'aéroport, on a raison du covid on a porté un masque toujours et on a désinfecté nos mains. L'indian airline était plus prudent au sujet de covid.

Ils ont fourni des masques, des désinfectants et des kits EPI (équipement de protection individuelle) pour tout le monde.

Heureusement après avoir atteint Delhi, on nous a demandé de faire la quarantaine à domicile.

Un autre fois on a la bonne chance, je peux dire c'est un jour de chance.

On a l'avion pour aller à Hyderabad.

Comme je suis moins de 10 ans on n'a pas besoin de faire quarantaine à l'hôtel.

Malgré de tout on est venu chez moi.

C'est tout au sujet de mon voyage.

Today I will tell you about my trip from Geneva to Hyderabad via Paris. We started my journey with bus no.3 to reach the station around 8:00. In the station we had 4 bread of chocolate, 4 butter croissants, a bottle of water and a bottle of orange juice for my breakfast. After around 9:00 am we took a TGV train to Paris.

The TGV train is a speed train. They took 4 hours to reach Paris. We arrived in Paris around 1:30 p.m. In Paris we ate vegetarian pizza and pasta with tomato sauce. We took the taxi to visit the Eiffel Tower. After our visit we went to the airport to catch the plane from India. In the airport, because of the covid, we always wear a mask and we disinfect our hands. The Indian airline was more careful about covid.

They provided masks, disinfectants and PPE (personal protective equipment) kits for everyone. Luckily after reaching Delhi we were asked to do the home quarantine. Another time we have good luck, I can say it is a lucky day. We have the plane to go to Hyderabad.

As I am less than 10 years I don't need to do quarantine in the hotel.

Despite everything, I came to India. This is all about my trip.

MASTERPIECES OF THE MONTH



- GUNVEER 1A



- ANAKSHITA - 2A



- A. AVIKSHIT - 2I



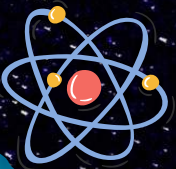
- MOHIT - 2I



- AISHIKI - 2H



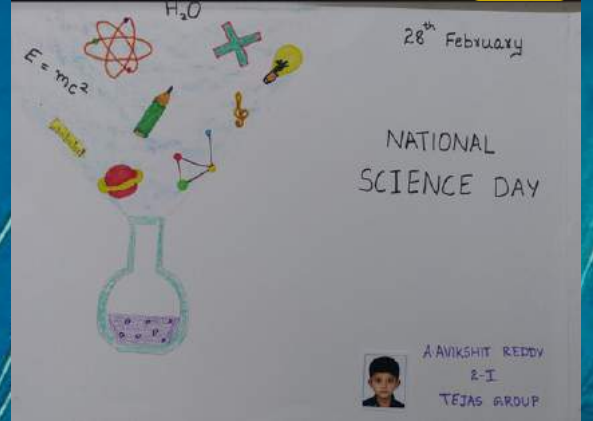
Spring



-ADVITH - 1B



- A. AVIKSHIT - 2I



A AVIKSHIT REDDY
2-I
TEJAS GROUP



-SANAYA - 2C



Sanaya Kaddy Karati - Grade 2 - Section G - House color: Orange.



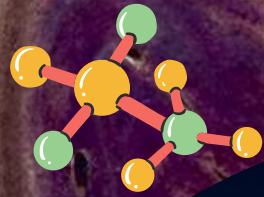
-HARDIK VARMA
VADAPALLI
- 3C



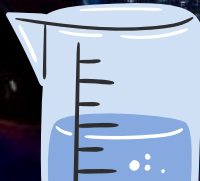
-AISHIKI - 2H



Aishiki Saha
Grade-II, Sec-H
House-Tejas



Science Day

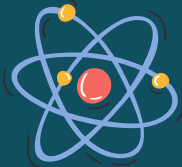


MEDIA CORNER

Learning science doesn't have to be difficult or expensive, our little Meruvians from grade 1 and 2 have contributed various science experiments with most of the ingredients probably found in your kitchen or around the house. Watch to know more!!



Reyansh Rai 1H



Varsha Madepally 1G

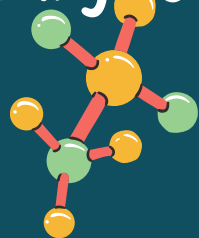


Sanaya Reddy

Karnati 2G



Gagan Chowdary 2C



Rayansh Jain 2C



M.Parthiv 2H



MEDIA CORNER

INTERNATIONAL MOTHER LANGUAGE DAY

21 FEBRUARY

Language connects, language binds, language helps us communicate. This international mother language day, our Meruvian from grade 4 told us her favourite rhyme in her mother language! Watch to know more!!



Diya Shenoy 4 C



Read and Laugh



WHAT DO YOU CALL AN ACID WITH AN ATTITUDE?

gimme ur lunch



A-mean-oh acid.

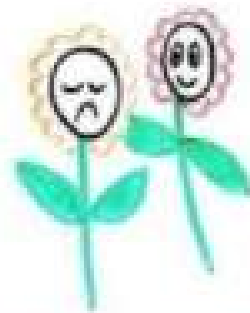
ASGP SCIENCE

Why does the spinal cord belong in the brass section of an orchestra?
Because it has dorsal and ventral horns.

www.nerdycaterpillar.com



When a plant is sad, what do other plants do?



Photosympathize.



can you solve these riddles?



Riddle 15

I am the only organ that named myself.
What am I ?

RIDDLE

I was not born, but I am here.
I have no name, but I am given many. I was made by science and life. What am I?

brainzilla.com/riddles

1 GUESS THE CHEMICAL ELEMENT



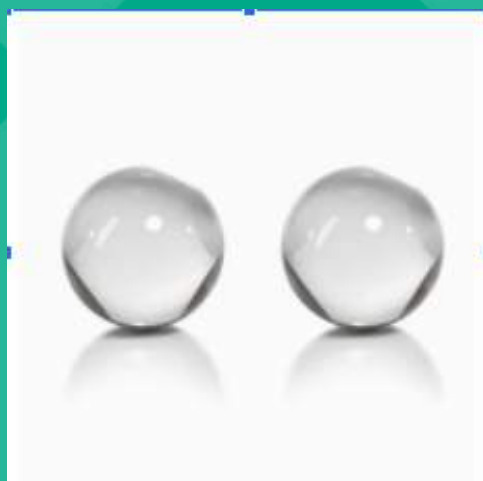
E UM

Which coin touches the bottom first?



WE HAVE TWO IDENTICAL BALLS IN TERMS OF DIAMETER AND WEIGHT. HOWEVER, ONE OF THEM IS SOLID AND THE OTHER IS HOLLOW.

WITHOUT KNOCKING THE BALL, CAN YOU FIND THE SOLID BALL?



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